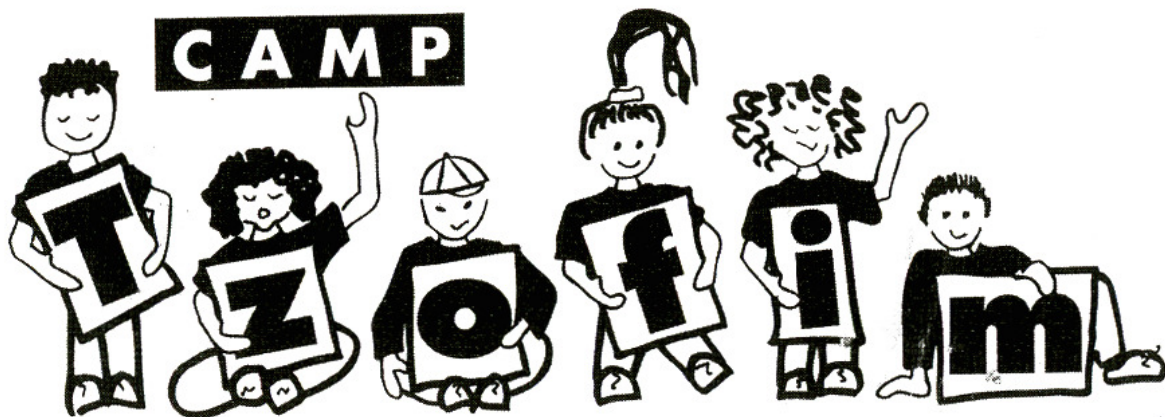


CAMP TZOFIM

Parent Handbook

2010/5769





1414 Walnut Street
Berkeley, CA 94709
510 848-0237 Phone
510 848-0170 Fax
info@jceastbay.org

4500 Redwood Road
Oakland, CA 94619
510 530-9222 Phone
510 530-9250 Fax
www.jceastbay.org

Dear Camp Parent(s),

Welcome to Camp Tzofim 2010!

We are all looking forward to the terrific summer ahead. As a parent, your participation in your child's camp program is important. This Parent Handbook can be useful as a reference for camp procedures, weekly schedules and daily activities. Both new and returning parents are strongly encouraged to take the time to read this handbook as some procedures have changed from past years.

This year we are excited to tell you we're going through the American Camping Association (ACA) Accreditation process. The ACA is the only nationwide organization that accredits all types of organized camps and helps ensure the highest industry standards are followed around the health and safety of campers and staff. We have already begun the process and most of this will take place 'behind the scenes'. However, you may notice some slight changes—the addition of an on-call Family Physician, additional information needed for our overnight trips, new communication policies and plans for parent feedback, and other policies that we'll tell you about as the summer goes on.

If you have any questions feel free to contact us through the JCC main office at 530-9222 or any other members of the camp staff.

L'shalom (to peace),

Daryl Grace
Camp Director

CAMP LOGISTICS

CAMP TZOFIM 2010 is operating between 9:00 a.m. and 4:00 p.m. out of our home base, **4500 Redwood Road, Oakland**; our park site is **Redwood Park** off Skyline Boulevard. All campers are dropped off and picked up at the 4500 Redwood Road, as well as those attending extended care (see 'Parent Drop-off and Pick-up', page 9). **Berkeley Families please see the insert 'Berkeley Bus & Extended Care Procedures'**. The camp will join together each morning for "Kumsitz" - welcoming ceremony. After Kumsitz, the campers divide into eidot (units) and start their days.

Rishonim (entering Kindergarten) spends some of their days at our home base with swim excursions four times a session to East Hills Church for lessons with Tim Oliver Aquatics and at least once to Roberts Park for free swim, as well as water-play at JCC. In addition, they enjoy the outdoors at Roberts Park throughout the week for various activities. Rishonim campers also go on bi-weekly trips to exciting local attractions (Adventure Playground, Pixieland, and more).

Sabra Aleph and Sabra Bet (entering first and second grades) spends some of their days at our home base, traveling to East Hills Church for lessons with Tim Oliver Aquatics twice each week for swim lessons and to EBRP's for activities at the park. They also enjoy bi-weekly field trips to places like Ardenwood Historical Farm and Adventure Playground. During the second week of each session, Sabra campers enjoy an Erev Kef - Extended Evening of Fun until 8:15 pm.

Giborim (entering third - fourth grades) enjoy most of their camp program at Redwood Park (South Side). They have four swim lessons per session at East Hills Community Church for lessons with Tim Oliver Aquatics. They will enjoy free swim at Roberts Pool. On the first Thursday of each session, they travel on field trips to exciting destinations such as A's games, Crown Beach, and Waterworld. During the second week of each session, Giborim goes on an exciting overnight to Anthony Chabot campground.

Chaverim (entering fifth - sixth grades) travel throughout the greater Bay Area. Most days, this group is out and about on one of our Youth Vans and our mini-van. Chaverim spends a lot of time exploring our parks and natural areas. There is also a large focus on "Tikkun Olam" (repairing the world) and social action. Chaverim campers volunteer to help different facets of the community. Once per session Chaverim goes on a two-night overnight and outdoor excursion, designed to give them new skills.

Habonim (entering seventh - ninth grades) also travels throughout the greater Bay Area. They travel on one of our Youth Vans, engage in "Tikkun Olam" (repairing the world) projects as well as programs in issues relevant to teens. In addition, they go on an extended three-night overnight and challenging outdoor excursion in northern California each session.

For an exact schedule of your child's camp program please consult with your child's Unit Head or check the "Week-At-A-Glance" forms posted in the office.

Because the groups will be enjoying camp in different locations, it is imperative that any late drop-offs or early pick-ups be pre-arranged through your Unit Head and/or Daryl Grace.

WHAT TO WEAR & BRING

Much of what we do at camp involves hands-on activities that may result in dirty (and creative!) campers. Therefore we request that you send your children in clothing that shows the signs of summer fun. **Camp Tzofim DOES NOT provide lunch.** Please pack a sack lunch everyday. Snacks are provided.

WE SUGGEST:

- WHITE t-shirt on Friday for Shabbat (Camp t-shirt is fine too)
- Tennis shoes
- Comfortable pants or shorts
- T-shirts (Camp t-shirt on field trip days)
- A light jacket or sweatshirt for cold mornings
- A change of clothes to leave at camp (REQUIRED FOR RISHONIM)
- A bathing suit & towel every day
- A day pack
- A water bottle
- A sack lunch

PLEASE AVOID:

- Sandals (Flip Flops)
- Nice clothes you do not want to become dirty
- Cell phones and iPods
- Any hand-held Gaming units
- Tobacco, Illegal Drugs, or Alcohol
- Toys from home
- Clothing or toys that promote war, violence, racism or sexism
- Lunch boxes (okay if it fits in backpack)
- *Money: There is no spending money at camp. Campers with money at camp create inequalities that can be harmful to the camp experience.
- "Anything that will make you cry if it gets lost or broken"

**Chaverim/Habonim campers may bring up to \$5 per day on field trip days.*

LABELING CLOTHING/BELONGING

Please label all items that your child brings to camp (including lunches). This includes shirts, shorts, pants, sweatshirts, jackets, shoes, swimsuits, towels and daypacks. Proper labeling will assist us in returning misplaced items to their proper owner.

LOST & FOUND

While traveling to different sites, staff will make every effort to keep the campers' belongings together and to ensure that no child leaves any items behind. Nonetheless, we strongly discourage bringing any items of value to camp, as things get lost, broken, or possibly stolen. The **Jewish Community Center of the East Bay cannot be responsible for lost items brought to camp.**

Lost & Found items are collected and placed in a large can just inside the doorway of the JCC. Please check the can if something belonging to your child is missing. At the end of each week an attempt is made to return the labeled items to their owners. After the conclusion of Session 2 and Session 4 all unclaimed items will be taken to a charitable organization.

LUNCH & KASHRUT

Please send a sack lunch with your child each day. We ask that you respect the Jewish dietary laws, called Kashrut or Kosher, observed by the Jewish Community Center of the East Bay. This requires that you send lunches which do not mix dairy products and meat, and which do not include pork or shellfish products. At the Family Pizza Potluck, we ask that you bring vegetarian pizzas only.

We use products with vegetable by-products only and whenever possible use certified kosher products. Meat products, when they are used, are always kosher certified. A kosher-certified snack option is always available for children who follow strictly kosher guidelines.

SNACK

We serve a snack each morning and afternoon. We do our very best to serve snack food that is low in sugar, and healthy for the children. A typical snack may include crackers with peanut butter, and juice (or fresh fruit). Extended Care kids will have a light snack at 4:15 and again at 5:15 pm.

PHONE CALLS

THE CAMP TZOFIM OFFICE NUMBER IS 530-9222. The phone will be staffed throughout most of the day from 9:00 am – 4:00 pm. Voice mail is available when the receptionist is not present. We make every effort to return all calls within 24 hours. This number also reaches the JCC Administrative Office for billing or other questions. Berkeley families should also use this number for Tzofim related issues.

SHABBAT AND JUDAIC PROGRAMMING

The theme for Camp Tzofim 2010 is “Tikkun Olam-Repairing the World”. Each week there will be programming and activities centered around the concepts of Tikkun Olam . We’ll discuss meaning,

types of Tikkun Olam, and will actually do local community service projects with our older campers. Talk to Courtney or Daryl if you have specific ideas you would like to see implemented.

In addition to integrating Jewish themes through music, song, art and culture into the unit's daily programs, each eidah (unit) plans at least two age-appropriate Jewish Programs during the week. Then, on Fridays, the entire camp comes together to enjoy an interactive program based on an aspect of the above-mentioned theme. On some Fridays it may be appropriate and enhancing for the campers to come in costume -- If this is the case we will send a note home early in the week with costume suggestions. Friday Programs will alternate between Redwood Park and 4500 Redwood Rd. They will also alternate between being all-camp (grades K - 9) and divided into two simultaneous programs (younger/older units).

Fridays end with a special Shabbat ceremony enjoyed by the whole camp. This ritual generally occurs between 2:30 and 3:30 on Friday afternoons. Parents are welcome to come early and join us! For more information about Jewish Programming at Camp Tzofim, please contact Daryl Grace, Camp Director.

SWIMMING

Camp Tzofim 2010's swim program will be based at East Hills Church for lessons provided by Tim Oliver Aquatics and free swim Robert's Pool & Cull Canyon. Each unit will be utilizing a combination of these sites so as to best accommodate their age group's needs. At all sites, Camp Tzofim staff will work in conjunction with the lifeguards to ensure adequate supervision. At all times, counselors will be in the water with the campers.

RISHONIM - Each week includes:

- * two half-hour swim lessons with Tim Oliver Aquatics (1:3/4 ratio, not including Tzofim staff)
- * free swim at Roberts Park at least once
- * water play in wading pools at 4500 Redwood Road

SABRAS - Each week includes:

- * two half-hour swim lessons with Tim Oliver Aquatics (1:3/4 ratio, not including Tzofim staff)
- * free swim 1-3 times per week at Roberts Park or Cull Canyon
- * water play in wading pools at 4500 Redwood Road

GIBORIM - Each session includes:

- * two half-hour swim lessons with Tim Oliver Aquatics (1:3/4 ratio, not including Tzofim staff)
- * free swim 1-3 times per week at Roberts Park or Cull Canyon

CHAVERIM & HABONIM - Each session includes:

- * free swim at Roberts Park, Roberts Pool and other swim sites throughout the Bay Area

SAFETY AT EACH SITE

CULL CANYON

- all campers are tested by lifeguards during their each visit to the swim area (test includes swimming 40 feet on front and back)
- campers who are not able to swim are not allowed in water deeper than their waists (Tzofim Unit Heads will monitor which campers have passed the test)
- Camp Tzofim Staff is in the water with the campers at all times
- CULL CANYON provides at least two lifeguards on duty
- Special medical problems indicated on camper's forms will be passed on to the Cull Canyon's staff
- All Camp Tzofim counselors have undergone a special training with Roberts Park's lifeguards to understand the safety procedures at Cull Canyon

Tim Oliver Aquatics at East Hills Community Church

- Camp Tzofim staff will be at the water helping during all lessons
- Children will be tested before being allowed in water over their heads
- Classes are taught at a ratio of 1:3-4

THE ROLE OF TZOFIM STAFF

- * Tzofim staff is experienced in first aid and water safety
- * Counselors will always be in the water with their campers
- * Unit Heads will be directly responsible for overseeing who has passed the deep end test

Because swim schedules may vary, we strongly encourage sending a bathing suit and towel with your child every day. If your child is sick or you do not want him or her to swim on a certain day, please notify your child's Unit Head when you drop him or her off. Also, please inform your Unit Head if your child requires extra attention or support while in the water.

STANDARDS OF BEHAVIOR

Camp Tzofim is a place where all campers can feel safe, nurtured and accepted. In order to facilitate a healthy and positive environment for all, the following behavioral standards have been set:

- 1. Ridiculing and teasing are not allowed.** Campers are reminded about this policy in a gentle but firm manner. It is explained that the above behavior makes all of us feel bad, and often times results in aggressive physical acting out.
- 2. Physically violent and aggressive behavior is not allowed.** A child will be sent home immediately if they are involved in a physical altercation.
- 3. Aggressive and vulgar language is not allowed.** Campers are reminded about this policy in a firm manner.
- 4. Graffiti and other action that damages the premises will be dealt with by charging parents for the damage.**
- 5. The Staff of Camp Tzofim is here to create a positive environment for all involved. A camper who compromises the effectiveness of the staff (e.g., non-cooperation, not listening, being in an unsupervised location) will be dealt with in a gentle but firm manner.**
- 6. Any type of toy or garment that depicts or is a representation of acts of war and violence, drugs or alcohol is not allowed at Camp Tzofim.** It is also suggested that personal toys not be brought to camp. Lost or damaged items are not the responsibility of The Jewish Community Center of the East Bay-Camp Tzofim.
- 7. Repetitive occurrences of any of the above behavior after repeated warnings may result in expulsion from Camp Tzofim without a refund.** Parents will be notified prior to any action taken.

HEALTH AND SAFETY

The safety of our campers is the highest priority to all Camp Tzofim Staff. Our camp has an on-call Family Physician, Dr. Ken Katzman, who is available by phone daily for our staff should any medical questions, concerns, or medical emergencies occur. Dr. Katzman has reviewed all Camp Tzofim Health Policies and Procedures and will be weekly contact with our Camp Director to discuss any medical related incidents.

All Camp Tzofim staff are certified in First Aid and CPR and have undergone training in safety and emergency procedures. Each eidah (unit) carries a First Aid Kit and Emergency Binder at all times. Attendance is taken at the beginning of the day and all absences are investigated promptly. Campers are always provided with plenty of water, nutritious snacks and sunscreen. Counselors have a counting system that is implemented at all times to ensure the safety of all the children in their group especially while on field trips. The Camp Tzofim Leadership is in constant communication with all Units regardless of their location (thanks to modern technology!) via our four cell phones.

Medication

If your child needs medication at any time, it must be given to the Camp Director with a note naming the medication, what it is for and when it should be given to your child, along with a parent's signature. Prescription medication must be in its original container (no plastic bags please!) and will be dispensed only under the specific directions of a licensed physician. You were given the opportunity to indicate on your camp registration form whether you wanted your child to receive over the counter medication. All over the counter medication will be administered at the indicated dosage and at the discretion of the Camp Director. Parents will always be notified by phone of any medication administered. It is crucial that you indicate any known allergies on your medical form! If your child appears sick, you will be called to pick him/her up from camp. Please do not send any medication in your child's belongings!

Injuries at Camp

Camp Tzofim has a series of policies in place to ensure that parents are informed about any injuries their child may sustain at camp. For injuries like scrapes and bumps, we have our camp staff fill out a form called an "Ouch Report" that provides information about where the injury is located, how it occurred and what care was provided. If an Ouch Report is filled out for your child, a copy will be placed in their bag or backpack before they go home for the day. If your child is bumped on the head, it is our camp policy that your child's Unit Head or another head staff member will phone to inform you of the injury. We will also call home if an injury more serious than a bump or scrape is sustained.

Camp Tzofim General Health Policy

The JCCEB reserves the right to refuse participation to any camper deemed by executive staff to be at elevated medical or emotional behavioral risk. The JCCEB also reserves the right to request clearance from a licensed medical or mental health professional at any time prior to or during camp to allow participation. Contagious diseases must be reported to the camp by the parent as

soon as the illness has been diagnosed so that other parents may be notified of the possible exposure.

A child with the following symptoms may not attend Camp Tzofim:

1. Conjunctivitis (pink eye).
2. Fever in excess of 100.0 degrees (must be fever free for 24 hours).
3. Excessive sneezing or coughing.
4. First three days of a cold.
5. Unidentified rash.
6. Ear infection not seen by a physician.
7. Vomiting or diarrhea.
8. Lice (please see Camp Tzofim Lice Policy below)

It is helpful to us in understanding and caring for your child if you keep us informed of factors of significance at home, such as the birth of a baby, prolonged illness in the family, a parent being away, death closely affecting the child, moving, etc., and of course, especially nice things, too!

Camp Tzofim Lice Policy

Camp Tzofim follows the California Department of Public Health (CDPH) Lice Policy:
GUIDELINES ON HEAD LICE PREVENTION AND CONTROL FOR SCHOOL DISTRICTS AND CHILD CARE FACILITIES, 2009

The California Department of Public Health (CDPH) recommends that schools and child-care facilities maintain an active educational campaign for parents on the accurate diagnosis and correct treatment of head lice cases to prevent transmission of lice in schools and reduce lost school days due to head lice infestation. Head lice, while a significant social problem, do not transmit disease to humans. Traditionally, head lice policies in schools emphasized that a child infested with head lice could not return to school until no nits were found in their hair (“no-nit” policy). There is no evidence that a no-nit policy prevents or shortens lengths of outbreaks (Pollack et al., 2000, Williams et al., 2001). The American Academy of Pediatrics, the National Association of School Nurses, and the Centers for Disease Control and Prevention are all opponents of classical no-nit policies (Frankowski and Weiner, 2002; Schoessler, 2004).

In light of current research, CDPH now recommends a no-lice policy.

The essential components of a no-lice policy are the following:

- ◆ Early detection of head lice infestations through routine screening.
- ◆ Distribution of educational material to school staff and parents on head lice, nit combing, and treatment such as “A Parent’s Guide to Head Lice” brochure
- ◆ Treatment of children with live lice.

Child Protective Services

In the State of California, all professionals who care for children, including Camp Tzofim staff, are required by law to report “reasonable suspicion” of child abuse to either a law enforcement agency or a county child protective agency. Camp Tzofim staff are experienced and trained in assessing situations which may lead them to make a child abuse referral.

Camp Tzofim is committed to maintaining a safe environment for children and for serving our children and families in the best way we can. In situations where we would have to make a referral to either law enforcement or protective services, we will attempt to make the process as supportive as possible.

Camp Tzofim Emergency Evacuation Procedures

Camp Tzofim has developed an extensive Emergency Preparedness Plan to provide the best care for your children in case of natural disasters or human threat. This plan has been developed in conjunction with the Oakland City Police & Fire Department.

Staff have been trained in appropriate emergency procedures, as well as how to comfort and care for children in an emergency. Each camper unit is equipped with food, water, blankets and first aid supplies. It is important that the information on your “authorized to pick up” form be accurate, as your child may be released to people on this form (and no one else) if you cannot reach the Center or our evacuation site.

In case of an emergency, the Camp Tzofim administrative staff or volunteers will attempt to call parents. **Please be sure that all of your phone numbers are current and on file in the Camp Office.** If you are unable to reach the Main Office of Camp Tzofim by phone ((510.530.9222) or our Berkeley facility at (510.848.0237), we will try to provide information on the outgoing voicemail.

Additional information will be available via:

1. Media outlets:

Radio Stations	Television Stations
KGO 810 AM	KRON
KCBS 740AM	KPIX

2. The JCCEB will contact our sister JCC, the Merage JCC of Orange County, with information. Their phone number is (949) 435-3400. Parents can call for recorded information and updates.

3. In the event of an emergency, call the Oakland City Police at (510.637.6600)

If, for any reason, the Camp Tzofim facility becomes unsafe, we will relocate the children to a safe location. Our primary relocation site is the Oakland Hebrew Day School situated at 5500 Redwood Road, Oakland, 94619 or Pinto Park the field on Redwood Road above Oakland Hebrew Day School. Any relocation efforts will be recorded on all outgoing voicemail

Camp Tzofim Operational Guidelines

Camp Tzofim safety systems operate much more smoothly when all parents cooperate. Please be sure to:

1. Notify us of all absences and/or schedule changes:

Parents are required to notify Camp Tzofim by 9:00 am if their child will not be attending on a given day. If your child will be attending camp, and you want Drop-In for Extended Care, but are not pre-registered, please notify the office so the Extended Care Staff can be informed. **The Camp Tzofim office number is 530-9222. Voice Mail will record your message 24 hours a day.** If your child is expected in AM or PM extended care, please note this for us in your message as roll will be taken in both the individual units and Extended Care. **We will research any unreported absences, so please take the time to give us a call.**

2. Report any communicable diseases or conditions immediately: Head Lice, Strep Throat, Conjunctivitis and Chicken Pox, the flu and common cold are all common childhood occurrences. Unfortunately, these conditions can spread quickly in the camp environment. When parents notify us at the onset, we are able to undertake the proper procedures to ensure that these conditions are controlled.

3. Communicate any special situations to your child's Unit Head or the Camp Director. The Camper Information forms from the Registration Packet are very helpful to us in anticipating special needs. Please make sure to fill those out. Also, please feel free to talk directly to any of Tzofim's Leadership Staff or write us a special note. We want to be in communication with you about special family events or situations that might affect your child's behavior at camp in order to make camp successful for him or her.

PARENT DROP-OFF AND PICK-UP-Oakland Site

You may drop your child off from 8:50-9:00 am each morning at 4500 Redwood Road. Please drive in the driveway and make a loop in the parking lot marked by traffic cones. A counselor will greet your child at the curb and assist in getting them out of the car.

Members of the camp staff will be at the curb to assist your children at this time. **There is no need to park on a daily basis.** We do not have provisions for unsupervised children, and therefore children who arrive between 8:00 and 8:50 am are REQUIRED to be enrolled in Extended Care. **If you drop off your child before 8:50 am, and are not registered in either Drop-In or Pre-registered AM Care, you will be charged \$1.00 per minute with a minimum charge of \$10.00 for the first ten minutes or portion thereof** (calculated from the clock on the Camp Tzofim phone). AM Care participants (before 8:50 am) should be walked into the building by a parent or guardian.

Camp ends at 4:00 pm and all campers must be picked up no later than 4:10 pm. Campers who have not been picked up by this time will be placed in the Extended Care program, for which the parents will be charged the same rate as above for AM Care (**\$1.00 per minute with a minimum charge of \$10.00 for the first ten minutes or portion thereof**). No camper can be at Camp Tzofim unsupervised.

We are happy to accommodate your extended care needs; however, in order to plan for adequate supervision, we must know in advance of any changes or additions. If you are planning to use the Drop-In care please notify us 24 hours in advance by calling camp at **530-9222**.

For those campers who will be walking home, we need a letter signed by a parent or guardian on file in the camp office that states that s/he may walk home by him/herself unattended from Camp Tzofim at the end of the camp day (4:00 pm).

If a person other than those listed on your Pick Up Authorization sheet will be picking up your child please notify the Camp Director (Daryl Grace), preferably in writing.

COMMUNICATION for Oakland Site Campers

In the morning during Drop-off time (8:50 - 9:00 am) and Pick-up time, (both at 4:00 pm and 6:00 pm), Camp Staff will provide you with all camp information. At the start of each session you will receive an opening letter that will welcome you and tell you about our plans for the week. We will generate a *Tzofim Update* each Friday that can also be picked up from the staff during pick-up and drop-off. Please read this update carefully as it will contain highlights of the past week and important information that you will need to know for upcoming activities.

We will post a copy of every notice sent home in the office (also where the am/pm care sign in/out sheets will be) and online at **www.jccebay.org/camp**. If you notice that you did not receive a notice please ask a staff person and they will be happy to get one for you.

PARENT DROP-OFF AND PICK-UP--Berkeley Site

If you haven't signed up for Morning Care, you may drop your child off from 8:40-8:45am in front of the 1414 Walnut Street entrance. **The bus will leave from the Berkeley site NO LATER than 8:45am.** A member of the Camp Tzofim staff will be there to welcome your children and pass on any relevant parent information (Week at a Glance, schedule changes, programming info, etc.)

If you drop off your child before 8:40 am, and are not registered in either Drop-In or Pre-registered AM Care, you will be charged \$1.00 per minute with a minimum charge of \$10.00 for the first ten minutes or portion thereof. AM Care participants (before 8:40 am) should be walked into the building by a parent or guardian.

The bus will leave from the Oakland site at 3:30pm. Camp ends at 4:00pm and all campers must be picked up no later than 4:10pm (unless registered for Extended Care). Campers who have not been picked up by this time will be placed in the Extended Care program, for which the parents will be charged the same rate as above for AM Care **(\$1.00 per minute with a minimum charge of \$10.00 for the first ten minutes or portion thereof)**. No camper can be at Camp Tzofim unsupervised.

We are happy to accommodate your extended care needs; however, in order to plan for adequate supervision, we must know in advance of any changes or additions. If you are planning to use the Drop-In care please notify us 24 hours in advance by calling camp at **530-9222**.

For those campers who will be walking home, we need a letter signed by a parent or guardian on file in the camp office that states that s/he may walk home by him/herself unattended from Camp Tzofim at the end of the camp day (4:00 pm).

If a person other than those listed on your Pick Up Authorization sheet will be picking up your child please notify the Camp Director (Daryl Grace), preferably in writing.

COMMUNICATION for Berkeley Site Campers

In the morning during Drop-off time (8:00 - 8:45 am) and Pick-up time, (both at 4:00 pm and 6:00 pm), Camp Staff will provide you with all camp information. At the start of each session you will receive an opening letter that will welcome you and tell you about our plans for the week. We will generate a *Tzofim Update* each Friday that can also be picked up from the staff during pick-up and drop-off. Please read this update carefully as it will contain highlights of the past week and important information that you will need to know for upcoming activities.

We will post a copy of every notice sent home in the Center Room/Parent Sign Out table (also where the am/pm care sign in/out sheets will be) and online at **www.jccebay.org/camp**. If you notice that you did not receive a notice please ask a staff person and they will be happy to get one for you.

If you need to communicate any information about your child, including pick up arrangements or other concerns, please let the Camp Tzofim staff know and they will be sure to pass along the information to the appropriate counselor and/or the Camp Director.

EXTENDED CARE

Extended care is available from 8:00-9:00 am and from 4:00-6:00 pm from both the Oakland and Berkeley locations. If you have not registered and are interested, we will direct you to the JCC office for registration. Pre-registration is the most cost-effective method for Extended Care at Camp Tzofim.

Advanced Registration for Extended Care must be made one week prior to the session of service. Extended Care requests made less than one week in advance will incur the daily drop-in rate.

Drop-In Care is available with 24 hours notice. Drop-In registration can be taken on the phone either by the receptionist or via a voice mail message. You may also register for Drop-In in person with Daryl, or an office staff member.

AM Extended Care Advanced Registration

\$40/per week or \$80/per session for JCCEB MEMBERS

\$55/per week or \$110/per session for NON-MEMBERS

AM Extended Care Drop In

\$14/per day for JCCEB MEMBERS

\$16/per day for NON-MEMBERS

PM Extended Care Advanced Registration

\$55/per week or \$110/per session for JCCEB MEMBERS

\$65/per week or \$130/per session for NON-MEMBERS

PM Extended Care Drop In

\$30/per day for JCCEB MEMBERS

\$40/per day for NON-MEMBERS

TRANSPORTATION

All Camp Tzofim transportation is provided by our own vehicles—Five 14-Seater Vans, One School Bus, and 3 mini-vans. The vehicles and drivers are all fully equipped and certified according to California Highway Patrol Requirements. The van drivers for our 15-passenger vans are certified as Class B with a passenger. Emergency vehicles are brought to Roberts Park and field trip destinations as well. In an emergency situation, a camper may be transported in a staff member's car.

FIELD TRIPS AND OVERNIGHTS

FIELD TRIPS

At least once per session the campers will travel to an exciting Bay Area location for a field trip. Sabra and Giborim enjoy their trips mid-week of the first week of each session. The younger campers generally travel on Thursday of the first week of each session. (SEE YOUR CAMP CALENDAR FOR DATES!) Please check your weekly update as to specifics concerning location and gear needed for field trips and overnights. Field trips are prearranged and may be subject to change.

OVERNIGHTS & Extended Eve-Of-Funs

Sabra Aleph and Sabra Bet: Midweek of the second week of each session, Sabra campers will enjoy a special Erev Kef (Extended Evening of Fun) at Roberts Park. They will prepare and eat dinner together, play games and enjoy a campfire. This FUN evening will occur on the same night as the Giborim overnight, and will conclude at 8:15 pm. **Pickups for Erev Kef should be made at Roberts Park or the 4500 Redwood Road (varies per session) at 8:15 pm.**

Giborim: Children will sleep at the campsite on their overnight dates, so it is extremely important that you send them with their gear for the next day at camp, including a bathing suit and towel for swimming, as well as a change of clothing, toothbrush and toothpaste. Camp Tzofim will provide lunch for Giborim campers the day after their overnight.*

Overnights are a special time for the campers and the staff -- However, they can be a bit foreign for first timers! Please talk with your child(ren) before the overnights to help them feel comfortable about the new experience. The overnights will occur at Anthony Chabot Park.

The Giborim overnights and Sabra Erev Kef (Evening of Fun) dates are:

Session 1	Wed., June 30 th
Session 2	Wed., July 14 th
Session 3	Wed., July 28 th
Session 4	Wed., August 11 th

***Parents are discouraged from visiting their children during the overnights. If you find it necessary to do so, you MUST have prior permission from the Camp Tzofim Director. If a child is not feeling well or is homesick during an overnight, parents will be called and required to pick up their children at the entrance to Anthony Chabot. IMPORTANT: You MUST inform the Unit Head how he or she can reach you if you will not be at home during an overnight.**

CHAVERIM & HABONIM OVERNIGHTS

Each session, campers in **Chaverim** (grades 5-6) enjoy a two-night overnight and **Habonim** (grades 7-9) enjoy a three-night overnight and both enjoy an excursion at an exciting Northern California location. The dates, locations and excursions are as follows:

Chaverim:

Session 1	June 30-July 2	Samuel P. Taylor
Session 2	July 13-15	Russian River
Session 3	July 27-29	Folsom Lake State Park
Session 4	Aug 10-13	Sunset Breach, Santa Cruz

Habonim:

Session 1	June 29 -July 2	Yosemite
Session 2	July 12-15	Emerald Bay, Tahoe
Session 3	July 26-29	Trinity Alps
Session 4	Aug 9-13	Sunset Beach, Santa Cruz

Specific details of trips will be forthcoming from the Chaverim and Habonim Unit Heads. All excursions and overnight destinations are subject to change.

WHO SHOULD YOU TURN TO?

Please NOTE—The most important person for you to speak with regarding your child at camp is the Unit Head. The Unit Head should be notified if your child has special needs (i.e. health requirements, or to dispense medicine). The Unit Heads, together with the counselors, as well as the Leadership Staff have reviewed the forms you turned in, and are always here to speak with you or your child about your child's camp experiences.

Daryl Grace (Camp Director) is available to assist you with questions and/or concerns in all areas of Camp Tzofim. Please refer attendance issues directly to Daryl. Please refer billing questions to the JCC Oakland Office, Liz Donley. If you have a specific concern about your child, another good contact is the Unit Head of your child's group. Questions about Extended Care should also be directed to Daryl Grace or the JCC office.

PLEASE CALL CAMP TZOFIM AT 530-9222 WITH ANY QUESTIONS.

PARENT PARTICIPATION... WE NEED YOU!!!

Camp Tzofim is a community program and we encourage parents to be involved with their child's camp experience. Any camp staff is available to answer questions about camp activities. Your child's Unit Head can discuss how your child is doing on a day-to-day basis.

EVENTS

We have two MAJOR family events during the summer that are designed to give you greater participation in your child's camp experience as we create the special nature of our camp community.

- **Family Pizza Potluck** – Wednesday, July 7 from 6:15 – 8:00 (Sessions 1 & 2)
- **Family Pizza Potluck** – Wednesday, Aug 4 from 6:15 – 8:00 (Sessions 3 & 4)

These fun-filled evenings give you a chance to socialize with your child's counselors in an informal setting. The events feature a special presentation by each group and a slide show. Details will follow closer to the time of these events. **The Potlucks take place at 4500 Redwood Road and are open to all Tzofim families regardless of whether they are attending during that session.**

VISITING CAMP

Parents are welcome to join us for Shabbat on Fridays 2:30 – 3:30. At all other times, prior permission from the Camp Director is necessary to visit and participate in camp, and dropping in without prior notification is discouraged.

PARENT VOLUNTEERING!

Exciting volunteer OPPORTUNITIES exist at Camp Tzofim for you to lend your hand, energy and talent. We **NEED volunteers to coordinate the events listed below!!!** In fact, there are so many ways that we could use your help. We are always looking for parents who would like to share a specific skill or experience with the campers. Perhaps you can:

COORDINATE THE PIZZA POTLUCK(S)
HELP GENERATE A PARENT EVALUATION
COORDINATE A STAFF-PARENT SPORT ACTIVITY
HELP WITH OFFICE/ADMINISTRATIVE WORK
HELP WITH COMPUTERS or LAYOUT/DESIGN
HELP WITH GENERAL HANDY-PERSON WORK
TEACH SPECIAL CRAFTS OR CREATIVE ARTS TO THE CHILDREN
ORGANIZE A SPECIAL PROJECT

If you are interested in investing some of your time, please talk to Daryl!

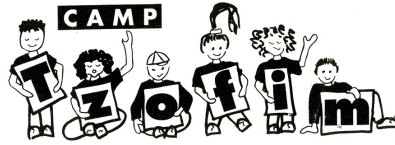
HEBREW AT CAMP

As you have noticed we are using some Hebrew words to define people and places at Camp Tzofim! Not only is this fun and interesting for the campers, it also allows them to feel comfortable with the different sounds of another language.

Below you will find a glossary of all of Hebrew words used at camp translated into their English phonetic spellings. Please take advantage of this unique opportunity and have some fun with your children at home by using the Hebrew words when you talk about their camp experiences.

<u>Hebrew</u>	<u>English</u>
Tzofim	Scouts
<u>Eidot</u>	Units
Rishonim	Starters or First-timers
Sabra	Fruit of a Cactus - or a person born in Israel
Giborim	Heroes
Chaverim	Friends
Habonim	The Builders
Gesher	Bridge
Boker Tov	Good morning
Erev Kef	Evening of Fun
Hafsakah	Break
Kabbalat Shabbat	Welcoming the Sabbath
Kef	Fun
Kumsitz	Gathering ("Come Sit" - ok, this one's in Yiddish!)
Lila Tov	Good night
Misrad	Office
Mazel Tov	Congratulations
Machaneh	Camp
Madrich	Counselor (m.)
Madrichah	Counselor (f.)
Madrichim	Counselors
Pe'ulah	Activity
Rosh	Head
Unit Head	Unit Director
Unit Heads	Unit Directors
Shabbat Shalom	A Sabbath of Peace
Shalom	Hello, Good-bye, Peace
Sheket	Quiet
Tov	Good
Yeladim	Children
Yom	Day

Finally, good luck -- "b'hatzlacha!" -- for a great summer with Camp Tzofim!



2010 Summer Calendar

April

Friday 4/2 **EARLY BIRD and FREQUENT FACES DEADLINE**

May

Friday 5/28 **COMPLETE REGISTRATION + Payment DUE**
(for all sessions)

June

Sunday	6/20	Parent Orientation for Session 1 and 2	3:30-5:00pm
Monday	6/21	SESSION I BEGINS	6/21-7/2
Monday	6/28	Habonim (7 th -9 th grades) Overnight	Return 7/1
Tuesday	6/29	Chaverim (5 th -6 th grades) Overnight	Return 7/1
Wednesday	6/30	Giborim (3 rd -4 th grades) Overnight	Return 7/1
Wednesday	6/30	Sabra Aleph/Bet (1 st -2 nd grades) Extended Eve	6pm-8pm

July

Friday	7/2	Last Day SESSION 1	
Monday	7/5	JCC CLOSED (4 th of July Holiday)	
Tuesday	7/6	SESSION II Begins!!	7/6-7/16
Wednesday	7/7	Pizza Potluck	6:15-8:15pm
Monday	7/12	Habonim (7 th -9 th grades) Overnight	Return 7/15
Tuesday	7/13	Chaverim (5 th -6 th grades) Overnight	Return 7/15
Wednesday	7/14	Giborim (3 rd -4 th grades) Overnight	Return 7/15
Wednesday	7/14	Sabra Aleph/Bet (1 st -2 nd grades) Extended Eve	6pm-8pm
Friday	7/16	Last Day SESSION II	
Sunday	7/18	Parent Orientation for SESSIONS III and IV	3:30-5pm
Monday	7/19	SESSION III Begins!!	7/19-7/30
Monday	7/26	Habonim (7 th -9 th grades) Overnight	Return 7/29
Tuesday	7/27	Chaverim (5 th -6 th grades) Overnight	Return 7/29
Wednesday	7/28	Giborim (3 rd -4 th grades) Overnight	Return 7/29
Wednesday	7/28	Sabra Aleph/Bet (1 st -2 nd grades) Camp Fire Fun	6pm-8pm
Friday	7/30	Last Day SESSION III	

August

Monday	8/2	SESSION IV Begins!!	8/2-8/13
Wednesday	8/4	Pizza Potluck	6:15-8:15pm
Monday	8/9	Habonim (7 th -9 th grades) Overnight	Return 8/12
Tuesday	8/10	Chaverim (5 th -6 th grades) Overnight	Return 8/12
Wednesday	8/11	Giborim (3 rd -4 th grades) Overnight	Return 8/12
Wednesday	8/11	Sabra Aleph/Bet (1 st -2 nd grades) Camp Fire Fun	6pm-8pm
Friday	8/13	Last Day SESSION IV	